

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Feast of the Indiction 0900 Matins 1000 Divine Liturgy 1745 9th Hour & Vespers
2 14th Sunday of Matthew 0845 Matins 1000 Divine Liturgy	3 1745 9th Hour & Vespers	4 1745 9th Hour & Vespers 1830 Orthodoxy 101	5 <i>Fast Day</i> 1800 Paraklesis	6 1745 9th Hour & Vespers 1830 Discovering Orth.	7 <i>Fast Day</i> 1745 9th Hour & Vespers	8 1745 9th Hour & Vespers
9 Sunday Before the Cross 0845 Matins 1000 Divine Liturgy	10 1745 9th Hour & Vespers	11 1745 9th Hour & Vespers 1830 Orthodoxy 101	12 <i>Fast Day</i> 1800 Paraklesis	13 1745 9th Hour & Vespers 1830 Discovering Orth.	14 <i>Strict Fast Day</i> Feast of the Exaltation of the Cross 1745 9th Hour & Vespers	15 1745 9th Hour & Vespers
16 Sunday After the Cross 0845 Matins 1000 Divine Liturgy	17 1745 9th Hour & Vespers	18 1745 9th Hour & Vespers 1830 Orthodoxy 101	19 <i>Fast Day</i> 1800 Paraklesis	20 Noon Ladies' Luncheon 1745 9th Hour & Vespers 1830 Discovering Orth.	21 <i>Fast Day</i> 1745 9th Hour & Vespers	22 1745 9th Hour & Vespers
23 1st Sunday of Luke 0845 Matins 1000 Divine Liturgy	24 1745 9th Hour & Vespers	25 1745 9th Hour & Vespers 1830 Orthodoxy 101 1830 Parish Council	26 <i>Fast Day</i> Feast of the Repose of St John the Evangelist 0600 Matins 0700 Divine Liturgy 1800 Paraklesis	27 1745 9th Hour & Vespers 1830 Discovering Orth.	28 <i>Fast Day</i> 1745 9th Hour & Vespers	29 1745 9th Hour & Vespers
30 2nd Sunday of Luke 0845 Matins 1000 Divine Liturgy	<p style="text-align: center;">Fasting</p> <p><i>Fast Day:</i> Wednesdays and Fridays are fast days in the ancient tradition of the Orthodox Church. On Wednesday, we recall the betrayal of Judas. On Friday, we recall the crucifixion of the Lord.</p> <p>On fast days, <u>we abstain from</u> (a) all vertebrate products, including <u>meat</u>, <u>dairy</u> items, and <u>fish</u> (by “fish” we mean vertebrate fish; shellfish, however, may be consumed on any day), (b) <u>olive oil</u>, and (c) <u>wine</u> (as well as all alcohol).</p>					<p style="font-size: small;">Ἱερός Ναός Ἁγίου Νικολάου</p>  <p style="font-size: x-small;">HOLY CHURCH OF SAINT NICHOLAS</p>