

Prayers at Meal Times

Prayers Before Meals

All present say together:

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

Glory to the ✠ Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

If a Priest is present, he says:

O Christ our God, ✠ bless the food and the drink of Your servants, for You are holy, now and ever, and to the ages of ages.

If no Priest is present, the eldest says:

Through the prayers of our holy fathers, ✠ O Lord Jesus Christ our God, have mercy on us and save us.

All present respond:

Amen.

Prayers After Meals

All present say together:

We thank You, O Christ our God, that You have satisfied us with Your earthly blessings. Deprive us not of Your heavenly kingdom but, as You came in the midst of Your disciples, O Savior, and gave them peace, so come to us and save us.

Glory to the ✠ Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

If a Priest is present, he says:

Blessed is God, ✠ Who has mercy and nourishes us by His grace and love, now and ever, and to the ages of ages.

If no Priest is present, the eldest says:

Through the prayers of our holy fathers, ✠ O Lord Jesus Christ our God, have mercy on us and save us.

All present respond:

Amen.